



Beverly Hills Schedule

1. What to bring - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. Location - Cheviot Hills Park ([Map](#))
--2551 Motor Ave; LA, CA 90064
--Meet at the northeast corner of Cheviot Hills Park next to the softball field just north of the bathrooms. Once you pull into Cheviot Hills Park, immediately turn into the first parking lot and park. You will see the class gathered at the northeast corner behind the softball field.

MAY 7 – JUN 6

Mon	Tue	Wed	Thu	Fri	Sat
May 6	7 <i>6:30pm</i>	8	9 <i>6:30pm</i>	10	11
13	14 <i>6:30pm</i>	15	16 <i>6:30pm</i>	17	18 <i>Hiking at 9am (Temescal Canyon Park) - Map</i>
20	21 <i>6:30pm</i>	22	23 <i>6:30pm</i>	24	25
27	28 <i>6:30pm</i>	29	30 <i>6:30pm</i>	31	Jun 1
3	4 <i>6:30pm</i>	5	6 <i>6:30pm</i>	7	8