



Brentwood Schedule

1. What to bring - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. Location – Barrington Rec Center ([Map](#))
 --200 S. Barrington Ave.; LA, CA 90049
 --Meet by the bleachers near main softball fields just south of Post Office. The park is on the east side of Barrington Ave.

MAR 23 – APR 25

Mon	Tue	Wed	Thu	Fri	Sat
Mar 23	24 <i>6:30am</i>	25	26 <i>6:30am</i>	27	28
30	31 <i>6:30am</i>	Apr 1	2 <i>6:30am</i>	3	4
6	7 <i>6:30am</i>	8	9 <i>6:30am</i>	10	11 <i>Hiking at 9am (Temescal Canyon Park) - Map</i>
13	14 <i>6:30am</i>	15	16 <i>6:30am</i>	17	18
20	21 <i>6:30am</i>	22	23 <i>6:30am</i>	24	25