



### Brentwood Schedule

1. What to bring - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. Location – Barrington Rec Center ([Map](#))  
--200 S. Barrington Ave.; LA, CA 90049  
--Meet by the bleachers near main softball fields just south of Post Office. The park is on the east side of Barrington Ave.

### MAY 5 – JUN 4

Mon	Tue	Wed	Thu	Fri	Sat
<b>May 4</b>	<b>5</b> <i>6:30am</i>	<b>6</b>	<b>7</b> <i>6:30am</i>	<b>8</b>	<b>9</b>
<b>11</b>	<b>12</b> <i>6:30am</i>	<b>13</b>	<b>14</b> <i>6:30am</i>	<b>15</b>	<b>16</b>
<b>18</b>	<b>19</b> <i>6:30am</i>	<b>20</b>	<b>21</b> <i>6:30am</i>	<b>22</b>	<b>23</b>
<b>25</b>	<b>26</b> <i>6:30am</i>	<b>27</b>	<b>28</b> <i>6:30am</i>	<b>29</b>	<b>30</b> <i>Hiking at 9am (Temescal Canyon Park) - <a href="#">Map</a></i>
<b>Jun 1</b>	<b>2</b> <i>6:30am</i>	<b>3</b>	<b>4</b> <i>6:30am</i>	<b>5</b>	<b>6</b>