



Playa Vista Schedule

1. What to bring - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. Location for 6:30am: Sports Park ([Map](#))
--13196 W Bluff Creek Dr, Los Angeles, CA 90094
Location for 6:30pm: Celadon Park ([Map](#))
--12923 W Bluff Creek Dr, Playa Vista, CA 90094

SEP 12 – OCT 15

Mon	Tue	Wed	Thu	Fri	Sat
Sep 12 <i>6:30am, 6:30pm</i>	13	14 <i>6:30am, 6:30pm</i>	15	16 <i>6:30am, 6:30pm</i>	17
19 <i>6:30am, 6:30pm</i>	20	21 <i>6:30am, 6:30pm</i>	22	23 <i>6:30am, 6:30pm</i>	24
26 <i>6:30am, 6:30pm</i>	27	28 <i>6:30am, 6:30pm</i>	29	30 <i>6:30am, 6:30pm</i>	Oct 1 <i>Hiking at 9am (Temescal Canyon Park) - Map</i>
3 <i>6:30am, 6:30pm</i>	4	5 <i>6:30am, 6:30pm</i>	6	7 <i>6:30am, 6:30pm</i>	8
10 <i>6:30am, 6:30pm</i>	11	12 <i>6:30am, 6:30pm</i>	13	14 <i>6:30am, 6:30pm</i>	15