



Playa Vista Schedule

1. What to bring - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. Location for 6:30am: Sports Park ([Map](#))
 --13196 W Bluff Creek Dr, Los Angeles, CA 90094
Location for 6:30pm: Celadon Park ([Map](#))
 --12923 W Bluff Creek Dr, Playa Vista, CA 90094

OCT 17 – NOV 19

Mon	Tue	Wed	Thu	Fri	Sat
Oct 17 <i>6:30am, 6:30pm</i>	18	19 <i>6:30am, 6:30pm</i>	20	21 <i>6:30am, 6:30pm</i>	22
24 <i>6:30am, 6:30pm</i>	25	26 <i>6:30am, 6:30pm</i>	27	28 <i>6:30am, 6:30pm</i>	29
31 <i>6:30am, 6:30pm</i>	Nov 1	2 <i>6:30am, 6:30pm</i>	3	4 <i>6:30am, 6:30pm</i>	5 <i>Hiking at 9am (Temescal Canyon Park) - Map</i>
7 <i>6:30am, 6:30pm</i>	8	9 <i>6:30am, 6:30pm</i>	10	11 <i>6:30am, 6:30pm</i>	12
14 <i>6:30am, 6:30pm</i>	15	16 <i>6:30am, 6:30pm</i>	17	18 <i>6:30am, 6:30pm</i>	19