



Boyd Bishop Bio

HIGHLIGHTS

- Ranked in the Top 2% of his graduating class in Physical Fitness.
- Achieved a perfect score on every single Army Physical Fitness Test (personal best is 122 push-ups in 2 minutes, 102 sit-ups in 2 minutes, & 11:47 on the 2-mile run).
- Served for five years as a Health Care Administrator in the U.S. Army getting soldiers in shape and helping them maintain Army weight standards.
- Earned the Army's prestigious Expert Field Medical Badge, a competition that involves field expedient medical skills and physical fitness.

TRAINING

- Bachelor of Science, US Military Academy at West Point
- MBA, Harvard Business School
- Certified Master Fitness Trainer (MFT) through the US Military Academy (a comprehensive 47-month long program consisting of 600 hours of education and training)
- US Air Assault School
- US Expert Field Medical Badge
- US Army Medical Department Officer Basic School
- Principles of Occupational Safety and Health Course (taught by National Safety Council)
- CPR

AWARDS

- US Army Physical Fitness Badge for Excellence
- US Army Expert Field Medical Badge
- US Army Commendation Medal
- US Army Achievement Medal
- Superintendent's Award at US Military Academy
- Distinguished Cadet Award at US Military Academy
- Presidential Fitness Award Winner
- New York Times Citizenship Award
- Who's Who of Sports Award (New Jersey)
- 2 x Most Valuable Wrestler Award at District XIII Wrestling Tournament
- 2 x Passaic County Wrestling Champion
- 3rd place overall, 4th Annual Tropic Lightning STREND Fitness Challenge, 1999
- Honolulu Marathon 1999
- Great Aloha Run 1998, 1999, 2000

SPORTS EXPERIENCE

- Wrestling (20 years, 14 years competitively)
- Running (18 years)
- Weightlifting (15 years)
- Baseball (8 years competitively)
- Football (7 years competitively)
- Pole Vaulting (3 years competitively)
- Surfing (leisurely)
- Snowboarding (leisurely)
- Golf (leisurely)