



## Playa Vista Schedule

1. *What to bring* - water, towel (or mat), positive attitude, and a desire to improve your mind and body.
2. *Location for 6:30am*: Sports Park ([Map](#))  
--13196 W Bluff Creek Dr, Los Angeles, CA 90094  
*Location for 6:30pm*: Concert Park ([Map](#))  
--13020 Pacific Promenade, Playa Vista, CA 90094

### **FEB 13 – MAR 18**

Mon	Tue	Wed	Thu	Fri	Sat
<b>Feb 13</b> <i>6:30am, 6:30pm</i>	<b>14</b>	<b>15</b> <i>6:30am, 6:30pm</i>	<b>16</b>	<b>17</b> <i>6:30am, 6:30pm</i>	<b>18</b>
<b>20</b> <i>6:30am, 6:30pm</i>	<b>21</b>	<b>22</b> <i>6:30am, 6:30pm</i>	<b>23</b>	<b>24</b> <i>6:30am, 6:30pm</i>	<b>25</b>
<b>27</b> <i>6:30am, 6:30pm</i>	<b>28</b>	<b>Mar 1</b> <i>6:30am, 6:30pm</i>	<b>2</b>	<b>3</b> <i>6:30am, 6:30pm</i>	<b>4</b> <i>Hiking at 9am (Temescal Canyon Park) - <a href="#">Map</a></i>
<b>6</b> <i>6:30am, 6:30pm</i>	<b>7</b>	<b>8</b> <i>6:30am, 6:30pm</i>	<b>9</b>	<b>10</b> <i>6:30am, 6:30pm</i>	<b>11</b>
<b>13</b> <i>6:30am, 6:30pm</i>	<b>14</b>	<b>15</b> <i>6:30am, 6:30pm</i>	<b>16</b>	<b>17</b> <i>6:30am, 6:30pm</i>	<b>18</b>